

**A BILL TO DETER DEPARTURE OF PROVIDERS FROM  
PAIN MANAGEMENT**

**Date: July 2019**

1 Be it enacted by the Senate and House of Representatives of the United  
2 States of America in Congress Assembled.

**3 SEC. 1.**

4 Title: Deterring Departure of Providers From Pain Management Act

**5 SEC. 2.**

6 Explanation of terminology:

7 (a) Medical provider means any physician, physician assistant, nurse,  
8 nurse practitioner, pharmacist or other medical practitioner licensed at any  
9 time since January 1, 2010, to prescribe or dispense Scheduled opioid  
10 medications.

11 (b) Chronic, non-cancer pain means “pain lasting longer than 90 days that  
12 is not associated with active cancer or outcomes of the treatment of  
13 cancer.”

14 (c) Acute pain means “pain of duration less than 90 days, attending injury  
15 or disease assessed by a licensed healthcare provider to be temporary in  
16 nature, including pain attendant to surgery or other medical interventions.

17 (d) Non-terminal means “not assessed by a licensed healthcare provider  
18 as likely to result in death of the patient.”

19 (e) Medically established need means “any measure or program of  
20 patient therapy developed by a healthcare provider who is licensed  
21 to prescribe Scheduled opioid medications.”

22 (f) AMA means American Medical Association.

23 (g) CDC means the US Centers for Disease Control and Prevention  
24 and subsidiary Centers and organizations.

25 (h) FDA means US Food and Drug Administration and subsidiary Centers  
and organizations

26 (i) VHA means the US Veterans Health Administration

27 (j) HHS/CMS means the US Department of Health and Human Services,  
28 Centers for Medicare and Medicaid Services and subsidiary Centers and

29 organizations

30 (k) NIH means US National Institutes of Health and subsidiary  
31 organizations

32 (l) Opioid means a class of drugs that are pharmaceutical-grade  
33 medicines available legally by prescription and used for control of pain.  
34 This Bill does not apply to nor is it intended to modify, any law  
35 concerning illegal, drugs such as heroin or illegally manufactured or  
36 imported synthetic opioids such as fentanyl.

37 (m) MMED means “Morphine Milligram Equivalent Dose”, an estimate of  
38 the pharmacological strength of drugs in the class of opioids, relative to  
39 morphine.

40 (n) Legacy patient means “any patient who has been treated previously  
41 by a licensed healthcare provider in a therapy plan that includes any  
42 medication or medications among the class of opioids.”

**43 SEC. 3.**

44 Purpose of this Bill: To deter the departures of providers from pain  
45 management practice by amending and redirecting Federal policy and  
46 regulation pertaining to prescribing opioid medications to patients with  
47 acute or chronic pain, as applied by CDC, FDA, NIH, and HHS/CMS.

**48 SEC. 4.**

49 No additional funding is required for this Bill. Enforcement and  
50 administration of this Bill will not be modified.

**51 SEC. 5.**

52 Enactment Date: 30 days following signature by the President.

53 **WHEREAS:** The US CDC issued a Guideline in March 2016 for  
54 prescription of opioids to adults with chronic non-cancer pain; and

55 **WHEREAS:** The CDC Guideline has been challenged broadly by many  
56 medical professional associations, individual researchers and  
57 practitioners on grounds including unacknowledged anti-opioid bias on the  
58 part of the CDC writers, failure to establish consistent standards of  
59 research quality, failure to address the natural variability in individual  
60 genetic profiles affecting patient metabolism for opioid analgesics; and  
61 consequent harms to both legacy and new patients due to withholding of  
62 opioid therapy, coerced tapers, consequent withdrawal symptoms, and  
under-treatment of pain; and

63 **WHEREAS:** Regulatory over-reach referenced to or grounded upon the

64 2016 CDC Guideline has interfered with doctor-patient relationships and  
65 usurped physicians' authority to manage treatment regimens which  
66 include prescribing opioids for pain; and

67 **WHEREAS:** Thousands of new and legacy patients with medically  
68 documented needs for management of acute, chronic, non-cancer and  
69 non-terminal pain are being denied the only pharmaceutical products in  
70 the formulary that are effective for many of them; and

71 **WHEREAS:** It is now known definitively that the declared National crisis in  
72 opioid addiction and overdose deaths is driven almost entirely by illegal  
73 street drugs rather than by medically prescribed opioids; and

74 **WHEREAS:** When managed and used by medical providers and patients  
75 for medically established needs, opioids have for decades been known to  
76 be safe and effective pharmaceuticals for controlling acute and chronic  
77 pain; and

78 **WHEREAS:** The American Medical Association affirms that some patients  
79 with acute or chronic pain can benefit from taking opioid pain medications  
80 at doses greater than generally recommended in the 2016 CDC Guideline  
81 and that such care may be medically necessary and appropriate; and

82 **WHEREAS:** In violation of the intent of the CDC Guideline, both Federal  
83 and State drug enforcement agencies have seized upon the Guideline as  
84 a standard for assessing when providers are "over prescribing" opioids to  
85 their patients; criminal investigations of providers have ruined medical  
86 practices by prominent announcements in public media, attempting to  
87 coerce practice employees to disclose provider misbehavior, seizing  
88 and freezing access to patient records, and in some instances seizing civil  
89 assets -- often for months before cases are brought to court ; and

90 **WHEREAS:** The hostile regulatory environment created by such sanctions  
91 is prompting hundreds of providers, practices, and hospitals to cease  
92 prescribing opioid analgesic medications or to depart from practice  
93 entirely; and

94 **WHEREAS:** There is documented proof from data published by CDC that  
95 rates of opioid prescribing by healthcare providers are unrelated to rates  
96 of overdose-related mortality from all sources – including legal  
97 prescriptions, diverted prescriptions and illegal street drugs; and

98 **WHEREAS:** The US Congress made the CDC Guidelines mandatory for  
99 medical practice in the Veterans Health Administration in the budget  
100 resolution bill of December 2015 -- three months before CDC publication.  
101 VHA interpreted the Guideline to require that all patients being treated

102 with opioid pain relievers must be tapered to zero; many patients are now  
103 offered Tylenol or Ibuprofen at high doses after surgery, creating risks of  
104 liver or kidney failure; and

105 **WHEREAS:** Due to over-regulation of opioid supplies and insurance  
106 providers' application of "high prescriber" alerts toward providers and  
107 pharmacies, National chain pharmacies are failing to stock adequate  
108 supplies of prescription opioids and turning away patients presenting valid  
109 prescriptions written by licensed healthcare providers.

## 110 **SECTION 6**

111 IT IS THEREFORE DIRECTED upon CDC, NIH, FDA, and HHS/CMS that

### 112 (a) **Section 6.1**

113 It is henceforth Federal policy and practice for regulation of prescription  
114 opioid pain relievers, that no Federal Agency shall apply MMED (Morphine  
115 Milligram Equivalent Dose) thresholds as anything more than  
116 non-mandatory guidance; further, that -- in the absence of other  
117 indications of verifiable harms to patients -- no medical provider shall be  
118 subject to professional discipline, loss of board certification, loss of clinical  
119 privileges, criminal investigation, prosecution, civil liability or other  
120 penalties or practice limitations, solely as a consequence of prescribing  
121 opioids at quantitative levels above any fixed numeric MMED threshold,  
122 including those of the 2016 CDC Guideline.

### 123 (b) **Section 6.2**

124 The 2016 CDC Guideline on Prescription of Opioids to Adults With  
125 Chronic Pain is hereby withdrawn, pending rewrite by an Inter Agency  
126 Task Force to be led by the NIH Office for Pain Policy, for completion  
127 on or before May 31, 2021. This rewrite shall be conducted in a publicly  
128 transparent process that includes patients and/or their advocates as voting  
129 members of the writers group.

### 130 (c) **Section 6.3**

131 Section 131 of the "Veterans Administration Mission Act" of 2018 is hereby  
132 repealed; within two years of enactment of this Act, VHA is directed to  
133 withdraw and rewrite its "Opioid Safety Initiative" and all Clinical Practice  
134 Guidelines associated therewith, to reflect Federal policy changes directed  
135 above.

### 136 (d) **Section 6.4**

137 Within 30 days of enactment of this Act, HHS/DHS is directed to rescind  
138 January 2019 Medicare Part D and Medicare Advantage rule changes  
139 which authorize insurance providers to require pharmacies to conduct  
140 “safety edits” for prescriptions which exceed numerical MME thresholds.

141 (e) Section 6.5

142 Within 30 days of enactment of this Act, VHA, HHS/CMS, and FDA are  
143 directed to publish letters to all medical providers licensed under their  
144 respective healthcare systems, conveying the mandatory changes of  
145 Federal regulatory policy above. These letters shall further be  
146 disseminated to all State Medical Boards, Pharmacy Boards, Departments  
147 of Health, Medicaid programs, Insurance Boards, and State Attorney  
148 Generals.

=====